Sri Sri Gaushala

Preserving the indigenous cattle breeds

- The Indian indigenous cattle breeds have dwindled from over **100** to just **40** varieties
- Sri Sri Gaushala focuses on preserving India's indigenous and endangered cattle breeds.
- It houses **1,500** cows from **20** rare breeds.
- The initiative aims to revive the traditional gaushala system.

The breeds at the Bengaluru Ashram

Gir	Gujarat	Dangi	Maharashtra
Kankrej	Gujarat	Khillari	Maharashtra
Kangayam	Tamil Nadu	Lal Kandhari	Maharashtra
Alambadi	Tamil Nadu	Tharparkar	Rajasthan
Pulikulam	Tamil Nadu	Rathi	Rajasthan
Umbalacheri	Tamil Nadu	Hallikar	Karnataka
Krishna Valli	Tamil Nadu	Malnad Gidda	Karnataka
Sahiwal	Punjab	Haryanvi	Haryana
Kasargod	Kerala	Punganur	Andhra Pradesh
Vechur	Kerala	Ongole	Andhra Pradesh

Sri Sri Gaushals in The Art of Living ashrams across India

1. Triveni Ashram, Pune
2. Vasad Ashram, Gujarat
3. Vidarbha Ashram, Nagpur
4. Bodh Gaya Ashram, Bihar
5. Omkareshwar Ashram, Indore
6. Kosi Ashram, Uttar Pradesh
7. Mysuru Ashram, Karnataka
8. Farrukhbad Ashram, Uttar Pradesh
9. Diphu Ashram, Assam

Environmentally-sustainable and profitable to farmers, Sri Sri Gaushala also provides a model for reviving and promoting natural farming.

What makes Sri Sri Gaushala special?

Milking - We milk our cows by the 'dohan prakriya'.

Food security - Food is served once in the morning and then late in the evening but there is always food in the troughs, if the cows want to munch. There is never a stampede when food is served. Herbs like shankhpushpi & brahmi, shatavari, ashwagandha, neem, jewanti are part of their diet.

Sheds – There are 4 different types of sheds.

- Milk-giving cows
- First-time pregnant cows
- Calves
- Non-milk-giving cows

Cow Welfare - No exploitation of cows; they are never tied up.

Explore More!